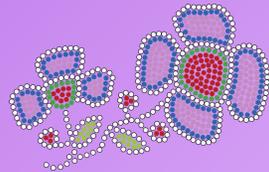




This information pamphlet is created in partnership with:



**GRAND COUNCIL
TREATY #3**
The GOVERNMENT of THE ANISHINAABE NATION in TREATY #3



JI-ADISIDOOYANG GE-ONJI MINO-AYAAYANG
HEALTH TRANSFORMATION



LGBT youthline
SINCE 1994

Where can I access 2SLGBTQIA+ Healthcare?

DRYDEN

Dr. Francois Doiron
Dingwall Medical Clinic
40 Goodall St.
P: (807) 223-6683

SIOUX LOOKOUT

Dr. Justin Bell
Northern Clinic
4 Meno Ya Win Way
P: (807) 737-5183
Toll Free: 1-855-885-8824

FORT FRANCES

Dr. Alexa Lesperance
Gizhewaadiziwin Health Access Centre
1460 Idylwild Drive
P: (807) 274-3131

VIRTUAL OPTIONS

Foria Clinic, provided free to residents of North Western Ontario.
<https://www.foriaclinic.com>
support@foriaclinic.com
P: (437) 317-9843
P: (647) 494-4107



Niizh Manidoowag (Two-Spirit)



2SLGBTQQIA+ Health Care in Treaty #3



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Barriers for 2S Youth in the Healthcare System

Limited Appointment Availability

Difficulty finding available healthcare professionals due to long wait times or limited access to specialized care.

Geographic Barriers

Travel can be challenging, especially for individuals in remote or rural areas, limiting their access to healthcare facilities.

Lack of Gender-Affirming Care

Limited access to healthcare professionals who are knowledgeable and supportive of non-binary and transgender individuals, or refusal of services related to gender affirmation.

Inadequate Mental Health Support

Healthcare professionals treating 2SLGBTQIA+ issues as a mental illness rather than a legitimate part of someone's identity, leading to stigma and improper care.

Limited Support for Families

Many 2SLGBTQIA+ Indigenous individuals face challenges in having their families accept or support their sexual orientation or gender identity, adding stress when navigating healthcare systems.



What is gender-affirming care?

Gender-affirming care is treatment for a diagnosis of gender dysphoria, which impacts many two-spirit, transgender, and non-binary people.

Gender-affirming care can be as simple as a haircut or hairstyle that helps a person express their gender, clothes that match their gender expression, as well as other non-surgical and surgical options.

Non-surgical options may look like hormone blockers, hormone therapy (estrogen or testosterone and voice training). The effects from puberty blockers are not permanent, puberty will resume when you stop taking the medications.

Surgical options may include a mastectomy, voice surgery, fertility preservation, bottom surgeries (bottom surgery is only available to persons over the age of 18, regardless of gender)

Healthcare Coverage

NIHB covers medications and medical equipment for gender affirmation.

Medical equipment may include: binders, gaffs, packers, brassieres, bra inserts, or stand-to-pee (STP) devices.

NIHB may also cover out-of-town travel for any services not available locally.

If you are non-status, in Ontario, OHIP+ will cover the cost of medications if you are under 25. Manitoba partially or conditionally covers hormone therapy. You may be eligible for support under the Manitoba Pharmacare Program.

Ontario and Manitoba both cover various surgeries - please consult with your doctor or visit the website for your provincial healthcare program.

Your personal third-party insurance (Canada Life, Sun Life, Desjardins, etc) may cover any medications or surgeries not covered by NIHB or your Provincial Healthcare Plan.

