



If you are feeling alone, need advice, or would like to learn more about services available in your area you may contact any of the following organizations:

**LGBT YouthLine (3PM - 8:30PM CST)**  
<https://www.youthline.ca>  
Text (647) 694-4275

**Trans LifeLine**  
Call 1-877-330-6366

**Kids Help Phone**  
<https://kidshelpphone.ca/urgent-help>  
Call 1-800-668-6868  
Text CONNECT to 686868

**NAN Hope**  
<https://nanhope.ca/contact>  
Call 1-844-626-4673

If you are experiencing suicidal thoughts or are at imminent risk of harm, please call 911, or visit the nearest emergency department or nursing station.

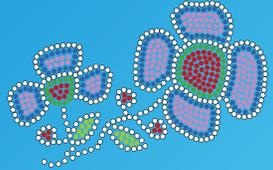
Check to see if your local Jordan's Principle, Choose Life, or Prevention Programs offer any 2SLGBTQIA+ Programming in your community!



*This information pamphlet is created in partnership with:*



**GRAND COUNCIL TREATY #3**  
The GOVERNMENT of THE ANISHINAABE NATION in TREATY #3



JI-ADISIDOOYANG GE-ONJI MINO-AYAAYANG  
**HEALTH TRANSFORMATION**



**LGBT youthline**  
SINCE 1994

**SCAN HERE TO LEARN MORE**



# Resources for Niizh Manidoowag Two-Spirit



## Local Pride Organizations

- Borderlands Pride (Fort Frances)
- Rainbow Alliance Dryden (Dryden)
- Queers In Sioux Lookout - QulSL (Sioux Lookout)
- Kenora Pride (Kenora)
- Ever Sick! Arts (Treaty #3)
- Red Lake Pride (Red Lake)
- Grand Council Treaty #3 Mizi'iwē Aana Kwat 2SLGBTQQIA+ Council (Treaty #3)

## How can I get involved?

Attend a pride meeting or attend a youth gathering! If you don't have a pride organization in your community, don't worry! All pride organizations started as grassroots efforts with as little as one person! If you feel safe to do so in your community, consider organizing a local pride event or Two-Spirit Awareness Day event - you can reach out to the Grand Council Treaty #3 Mizi'iwē Aana Kwat 2SLGBTQQIA+ Council for assistance!

## Local Thoughts

### What I love about being 2Spirit?

- Personal Connection
- Cultural and Spiritual Pride
- Community and Family

### What things would make you feel safe?

- Having support from friends
- Love
- The community
- Adults who understand us
- If others were educated about my identity thoroughly
- People who know our culture and accept ALL parts of us
- Just more love and acceptance in our community
- Access to healthcare with people that respect us

### What factors make you feel safe when accessing care?

- Knowing that I have someone that's caring
  - Non judgmental
  - Life
  - When they know my pronouns
  - Seeing other Indigenous staff
  - Non disclosure

## COMMUNITY EVENTS

